

Day 11: The Law Of Correspondence

Quote today "Just as a knowledge of the Principles of Geometry enables man to measure distant suns and their movements while seated in his observatory, so a knowledge of the Principle of Correspondence enables Man to reason intelligently from the Known to the Unknown."

The Kybalion

Recap of the Law This Law tells us as above, so below; as below, so above, everything has its own corresponding counterpart. Everything on the physical plane has a corresponding principle out there in the universe.

Today I am grateful for.... Write at least three things that you are grateful for on this magnificent day. Connect to the feeling of gratitude.

Meditate (at least 15 min.) Feel free to meditate on this law or choose a meditation of your choice.

Exercise Be aware of the abundance of oxygen around you. Connect to your breath as you are exercising, because that never runs out until you take your last one!

Hydrate Drink ½ ounce of pure water per pound of body weight (or 30 ml per kg). 2 glasses upon rising, 2 glasses between breakfast and lunch, 2 glasses between lunch and dinner and 2 after dinner.

Your Life Insight Make a commitment to keep wealth circulating in your life by giving and receiving life's most precious gifts: the gifts of caring, understanding, affection, appreciation, and love. With each encounter today, silently wish each person happiness, health, love and laughter..

Your Mindful Practice Take a moment, breathe and just be in the present. Commit to spending some time in nature today. Whether you choose to be active or simply take in the bounty around you, express your heartfelt gratitude for all that nature offers you and for your place in this beautiful planet.

Day 11: The Law Of Correspondence, Continued

Your Success Strategy Read *Chapter 3: Is Opportunity Monopolized?* from *The Science of Getting Rich* by Wallace D. Wattles. (If you feel you really want to study this chapter in greater depth, then find a buddy and read it aloud for 30 days. If you miss a day, then start all over again until you do 30 days in a row.)

Your reading meditation This is your reading meditation time—time you have devoted to expanding your thoughts and understanding more about these laws.

Take a nice deep breath in through your nose and let it out through your mouth. You are going to let all the tension leave your body and as you exhale repeat in your mind the word, relax.

You are in the right place at the right time. Your body and mind are in a highly creative vibration right now. Your mind and your heart are ready to receive, completely wide open. Ready to receive whatever it is that you need to know right now. You now have the best possible guidance to allow you to experience the teachings of this Law, and to gather all the important information in any way that it appears.

The Law of Correspondence explains the Law of Attraction. This Universal Law tells us “As Above, So Below”: everything has its own corresponding counterpart. The same pattern is expressed on all planes of existence from the smallest electron to the largest star and vice versa.

In the same way, the outer world is nothing more than a reflection of the inner world—so you could also say: as without, so within. Your current reality is a mirror of what is going on inside you. This Law says that if your inner world contains very noble, worthy values and qualities that you adhere to and refuse to compromise, your outer world will correspond to those values and qualities.

If you desire change in your outer world, you must first change your inner world – your thoughts, beliefs, assumptions and attitudes. Your current situation is a direct result of your past thoughts.

The inscription on the Ancient Greek Temple of Apollo at Delphi "Know thyself and thou shalt know all the mysteries of the gods and the universe" sums up this Law quite nicely. Imagine the connection of macrocosm to microcosm and vice versa, from grains of sand to stars in the sky.

Now, to finish your reading, take three deep cleansing breaths, knowing that with each breath you integrate the information you have received. Trust that this is so, and it will be.
