

Day 17: The Law Of Obedience

Quote today *"We must all obey the great law of change. It is the most powerful law of nature."*

Edmund Burke

Recap of the Law The Law of Obedience simply states that you can only achieve success if you obey the Universal Laws and the laws of nature.

Today I am grateful for.... Write at least three things that you are grateful for on this magnificent day. Connect to the feeling of gratitude.

Meditate (at least 15 min.) Feel free to meditate on this law or choose a meditation of your choice.

Exercise As you exercise, send messages of kindness and love to any area of your body that feels any discomfort.

Hydrate Drink ½ ounce of pure water per pound of body weight (or 30 ml per kg). 2 glasses upon rising, 2 glasses between breakfast and lunch, 2 glasses between lunch and dinner and 2 after dinner.

Your Life Insight Reflect on how you are using excuses. Are you mistaking excuses for credible reasons for not doing something? This one requires self honesty and might be a challenge. Sometimes it is harder to be honest with ourselves than actually doing what we are trying to avoid..

Your Mindful Practice Take a moment, breathe and just be in the present. When you settle in for meditation or in a quiet moment, pay attention to any areas in your life where you may feel any disconnection from your true self. Feel free to journal about any thoughts that appear.

Day 17: The Law Of Obedience, Continued

Your Success Strategy To enhance your business greatly, read the seven-page article on "Decision" by Bob Proctor. Google it and you will find a PDF online.

Your reading meditation This is your reading meditation time—time you have devoted to expanding your thoughts and understanding more about these laws.

Take a nice deep breath in through your nose and let it out through your mouth. You are going to let all the tension leave your body and as you exhale repeat in your mind the word, relax.

You are in the right place at the right time. Your body and mind are in a highly creative vibration right now. Your mind and your heart are ready to receive, completely wide open. Ready to receive whatever it is that you need to know right now. You now have the best possible guidance to allow you to experience the teachings of this Law, and to gather all the important information in any way that it appears.

The Law of Obedience simply states that you can only achieve success if you know how to use the Universal Laws and the laws of nature. When a farmer plants seeds and is obedient to these Universal Laws, then nature reaps an abundant harvest.

Laws are always operating in your life, and a "mistake" is falling short of or disobeying a Law or going against your better knowledge. According to Raymond Holliwell, when one misuses, misunderstands, inverts or violates a Law, this mistake is known as a sin. It could also be considered a disconnection from your true self, your higher self, the "I am" aspect.

However, when you learn about how these Laws operate and align your thoughts and actions with them, you can use them to your advantage. You can then consciously create your reality and improve every aspect of your life.

It may take discipline and persistence and may not be easy to do, but it is truly rewarding. Align yourself with the way the Laws operate, and see what a difference it makes to be in harmony with the universal forces at work in creation.

Now, to finish your reading, take three deep cleansing breaths, knowing that with each breath you integrate the information you have received. Trust that this is so, and it will be.
