

Day 30: The Law Of Masterminding

Quote today *“You CAN NOT achieve your major definite purpose in life without using the power of the MasterMind.”*

Napoleon Hill

Recap of the Law There is a synergy that occurs between like-minded individuals gathered together to create success and tap into the ultimate Master Mind.

Today I am grateful for.... Write at least three things that you are grateful for on this magnificent day. Connect to the feeling of gratitude.

Meditate (at least 15 min.) Feel free to meditate on this law or choose a meditation of your choice.

Exercise If you have a local Mastermind group, see if you can exercise with all or some of the members today. If your Mastermind is not local, find someone you can exercise with today.

Hydrate Drink ½ ounce of pure water per pound of body weight (or 30 ml per kg). 2 glasses upon rising, 2 glasses between breakfast and lunch, 2 glasses between lunch and dinner and 2 after dinner.

Your Life Insight Find a group of like-minded people who all want to create a new future. When you have found the right individuals, form your own Mastermind group

Your Mindful Practice Take a moment, breathe and just be in the present. Go into meditation today with the intention of getting in touch with the ultimate Master Mind: Universal Spirit/The Divine/Source/God/The "I Am."

Day 30: The Law Of Masterminding, Continued

Your Success Strategy In your Mastermind group, make sure each member makes a contribution in alignment with their own expertise. Everyone has a significant role to play in each member's success. Surround yourself with successful people and share your dream. If you don't currently have a physical Mastermind group see the success strategy from Day 26 The Law of Allowing.

Your reading meditation This is your reading meditation time—time you have devoted to expanding your thoughts and understanding more about these laws.

Take a nice deep breath in through your nose and let it out through your mouth. You are going to let all the tension leave your body and as you exhale repeat in your mind the word, relax.

You are in the right place at the right time. Your body and mind are in a highly creative vibration right now. Your mind and your heart are ready to receive, completely wide open. Ready to receive whatever it is that you need to know right now. You now have the best possible guidance to allow you to experience the teachings of this Law, and to gather all the important information in any way that it appears.

Although mastermind groups have been around since the beginning of time, the concept of the "mastermind alliance" was formally introduced by Dr. Napoleon Hill in his timeless classic, "Think And Grow Rich."

Dr. Hill defines it "as a mind that is developed through the harmonious cooperation of two or more people who ally themselves for the purpose of accomplishing any given task." Hill uses ideas from physics to illustrate the synergy that occurs between like-minded individuals. Another key insight from Hill is that knowledge is not power—it is only potential power. He defines power as "...organized knowledge, expressed through intelligent efforts." The mastermind group makes this materialize.

Mastermind groups offer a combination of peer accountability, brainstorming, education and support in a group setting to sharpen your personal and business skills. A mastermind group helps you, along with your mastermind group members, to achieve success. You create a community of committed, supportive colleagues who brainstorm together to move the members to new heights. Remember you become who and what you surround yourself with, so choosing the right Mastermind partners is crucial for success.

Participants challenge each other to set important goals and follow through to accomplish them. The group requires confidentiality, commitment, creativity and brainstorming ideas/solutions, supporting each other with total honesty, respect, co-operation and compassion. Mastermind group members act as devil's advocates, supportive colleagues, and catalysts for growth.

Since everyone in a Mastermind group will bring something different to the table, the process will strengthen your experience and knowledge. No individual has ever really achieved success without the help and cooperation of others. Working together with like-minded individuals brings out the best in each other and allows the opportunity to bounce ideas off each other as well. All successful people have worked with a team of individuals who were all working towards achieving the same objective in their respective companies. It doesn't matter how small or big your alliance is, but the important thing to remember is to align yourself with others who are positive, self-motivated, goal-oriented and driven to succeed.

Napoleon Hill said, "No two minds ever come together without thereby creating a third, invisible intangible force, which may be likened to a third mind (the Master Mind)." The highest purpose of a Mastermind group is to establish a conscious contact with the Universal Mind, and for all members to experience an increased awareness and higher level of consciousness, knowing that the Mastermind is working in and through them.

Now, to finish your reading, take three deep cleansing breaths, knowing that with each breath you integrate the information you have received. Trust that this is so, and it will be.
